

Phase	Guiding formula and suggested points	w/ Kidney Yin Deficiency	w/ Kidney Yang Deficiency	w/ Kidney Jing Deficiency	w/ Liver or Heart Stagnation	w/ Blood Stagnation	w/ Phlegm-Damp Accumulation	w/ Damp-Heat	w/ Spleen Qi Deficiency
I Period Regulate Blood	Tao Hong Si Wu Tang Sp10, 6 Ren4 St28 Kd14					Strong patient: Hua Yu Li Shi Tang Weaker: Ge Xia Zhu Yu Tang	Hua Yu Li Shi Tang	PID: Fu Fang Hong Teng Bai Jiang San	
II Post-Period Reinforce Blood and Yin	Gui Shao Di Huang Tang Ren4, 7 Kd3, 4, 5, 6, 8, 13 St27, 30, 36 Ub23, 32 Liv3 Sp4, 6, 10	Add Nu Zhen Zi Han Lian Cao Mai Dong Sheng Di Add Kd2	Add Tu Si Zi Rou Cong Rong Add Ub23, 32 Ren3, 2	Add Ze He Che Lu Rong Add Kd12	Liver Qi Stagnation: Huang Lian, Zhi Zi, Lian Zi Xin, Suan Zao Ren, Chuan Lian Zi, Mu Dan Pi Heart Qi Stagnation: Chi Shao, He Huan Pi, Bai Zi Ren, Mu Li Add Liv2 Ht5, 7 P6, 7	Add Yi Mu Cao Chi Shao Shan Zha Tao Ren Hong Hua Wu Ling Zhi Dan Shen Add Kd14 Ren3 Sp8, 12 St29 Liv5	Add Tu Si Zi Xu Duan Ba Ji tian Fu Ling Cang Zhu Sha Ren Add Gb26 Sp6 Ub28	Add Hong Teng Bai Jiang Cao Lian Qiao	Add Bai Zhu Cang Zhu Add Ren12
III Ovulation Regulate Qi and Blood	Cu Pai Luan Tang Choose from: Liv3, 5 Kd13, 14, 8, 5, 4 Sp13, 8, 6, 5 P6, 5 Ht7, 5 Yintang, Zigong Gb26	Bu Shen Cu Pai Luan Tang Add Ren4 Kd3, 6	Wen Yang Hua Yu Feng Add Ren6, 4 St29	Bu Shen Cu Pai Luan Tang Add Lu Jiao Jiao Ze He Che Add Ren4 Kd12 St27	Cu Pai Luan Tang Add Chai Hu Bai Shao or Yuan Zhi Shi Chang Pu Add Liv2, 3, 4, 5, 8, 9, 11 P5, 6, 7 Ren3	Cu Pai Luan Tang or Bu Shen Cu Pai Luan Tang Add Shan Zha Add St29 Sp10 Liv8 Ub17	Wen Yang Hua Tan Fang Add Zao Jiao Zi Add Ub22, 28 Gb27, 28 Sp9 Kd7 St29		
IV Luteal Phase Boost Kidney Yang	A. You Gui Wan B. Jian Gu Tang C. Yu Lin Zhu A. Ren2, 4, 5, 7, 15, Kd3, 6, Ub23 B. Ren4, 5, 6, 12, St25, 36 Sp6, Kd3, Ub20, 23 C. Ren4, 12, St36, Sp6, 10, Kd5, Ub17	You Gui Wan Add Nu Zhen Zi Han Lian Cao A. points selection plus Kd2	Jian Gu Tang (modified) B. points selection with Moxa	You Gui Wan Add Huang Jing A. points selection	Yu Lin Zhu Add Chai Hu Chuan Lian Zi Xiang Fu Mu Dan Pi Zhi Mu C. points selection Add Liv2, 3, 4, 5, 8, 9, 11 P5, 6, 7 Ren3	Yu Lin Zhu Add Pu Huang Dan Shen Yu Jin Ji Xue Teng C. points selection Add St28, 29 Liv8, 5 Sp6, 8 Kd4, 5 Bailiao	Jian Gu Tang Add Yin Yang Huo Shi Chang Pu Dan Nan Xing Lu Lu Tong Di Long Ma Bian Cao Wang Bu Liu Xing B. points selection Add Ren3, 6, 9 Gb27, 28 Ub32 Sp6, 9		
IVF Pre-Transfer	Du20 YinTang Kd3 St36 Ren7	Kd6	Ren4, 6	Kd13	Kd9 Liv3 Gb34 Sp10	Sp6, 8, 10 St29			
IVF Post-Transfer	Du20 YinTang Kd3 St36 Ear: SM, Kidney		Kd5, 6		Gb34 Liv3, 4, 5, 9, 11 HT5, 7 Kd9 P5, 6, 7				UB17, 20, 21
Pregnancy Morning Sickness	General support: Yishen Gutai Tang St36, St19 P6 Kd21, 27, 6 Morning Sickness: Yi Gan He Wei Yin or Su Ye Huang Lian Tang				Liver Qi Zhi: Gb34 Liv2, 3, 14		Vomiting mucus: St40		St36, St19 P6 Kd21, 27, 6 ST weak: Cup Ren12, Ren13